



विना तु नृपयज्ञोप विप्रसुतः सुदुर्बिणः

# nalanda nritya kala mahavidyalaya

(Affiliated to University of Mumbai & Grant-in-Aid Govt. of Maharashtra)

NAAC Re-Accredited. Grade B++ (CGPA 2.87) Now in 3rd Cycle.

## PROFILE SUMMERY

### PERSONAL DETAILS

Name	Dr. Pooja Talauliker
Designation	Body Alignment Expert and Yoga Therapist (RYT 500)
Phone No	9850472201 / 8010781862
E-mail Id	talaulikerpooja@gmail.com / aangikyoga@gmail.com
Subject Taught	Yoga and alignments
Year Of Joining/ Associating with Nalanda	2021
Year Of Experience with Nalanda	1 year



### ACADEMIC QUALIFICATIONS

S.NO.	Degree	Year Of Qualification	Name Of University
1.	Body Alignment Expert and Yoga Therapist (RYT 500)	2021	Academy of yoga and therapeutic sciences, Virginia
2.	Diploma in Nrityashastra	2020	University of Mumbai
3.	NRITYA VISHARAD	2019	Akhil Bharatiya Gandharva Mahavidyalaya
4.	BDS	2002	Goa University

### WORK EXPERIENCE

S.No.	Details of Your Experience	Total Work Eperience
1.	Private practice ; Working as Yoga therapist and alignment teacher since 2021	1 years
2.	PRIVATE PRACTICE , since 2008	8 years
3.	Casualty and Trauma Department at Grace Intensive Cardiac Care Center and General Hospital	

### PORTFOLIO

S.No.	INSTITUTION	PORTFOLIO HELD
1.	Visiting Faculty at Nalanda Nrityakala Mahavidyala	Yoga and Alignments

### RESEARCH WORK

S.No.	ACTIVITY	Total (IN NO.)
1.	Students Guided Under You	0
2.	Research Paper Presented in Seminar/Conferences	0
3.	Journal Articles	0

4.	Books Published	0
5.	Chapters Published in a Book	0
6.	Minor Research Project	0
7.	Major Research Project	0

### DETAILS OF RESEARCH PUBLICATIONS

S.NO.	Research Publications
1.	Nil

### PROFESSIONAL DEVELOPMENT

S.No.	Activity	Total (IN NO.)
1.	Conferences/ Workshops/ Seminars/ Symposia attended	5
2.	Conferences/ Workshops/ Seminars/ Symposia conducted	3
3.	National Conferences/ Workshops/ Seminar/ Symposia attended	9
4.	International Conferences/ Workshops/ Seminar/ Symposia attended	4
5.	Faculty Development Programme/ Training attended	3

### DETAILS OF AWARDS AND ACCOLADES ACHIEVED

S.No.	Achievements
1.	Doctor at Grace Intensive cardiac care center and general hospital
2.	RYT500 At YOGA ALLIANCE- academy of yoga and therapeutic sciences, Virginia
3.	Yoga therapist and alignment teacher at AANGIK- THE YOGA CLINIC
4.	Honorary title of CHEF by RADISSON BLUE ; for promoting benefits and recipes of traditional saraswat Cuisine.
5.	kalabhooshan , at Dubai 2018
6.	Nritya kalasurabhi , at kodungallur , Kerala
7.	Natya Mayuri , Thirssur , Kerala
8.	Performed at IIDF dance festival, Mumbai , 2019.
9.	Performed at Mumbai Natyanjali 2020 at Thiruchembur Murugan temple , Mumbai
10.	Organising committee of and Performed at KALPAVRUKSHA DANCE FESTIVAL, GOA (2017 to 2019
11.	Nritya Nipun at Atharvotsav 2019 , Mumbai
12.	Performed at the Centenary year celebration of Damodar Vidyabhuvan , heritage center of Goa
13.	Awarded certificate of merit at BRAMHA SADHANA , 2018 , Mumbai
14.	Invited to perform at AKHIL BHARATIYA GANDHARVA MAHAVIDYALAYA, VASHI , for excelling at NRITYA VISHARAD exams , session APRIL 2019

<b>S.No.</b>	<b>Activity</b>	<b>Total (IN NO.)</b>
1.	Performances	17
2.	Name of National Platforms	16
3.	Name International Platforms	1