



विना तु नृत्तमस्त्रियं विनासुतं इत्युच्यते


nalanda nritya kala mahavidyalaya

(Affiliated to University of Mumbai & Grant-in-Aid Govt. of Maharashtra)

NAAC Re-Accredited. Grade B++ (CGPA 2.87) Now in 3rd Cycle.

PROFILE SUMMERY

PERSONAL DETAILS

Name	Mr. Mehul Lal	
Designation	Visiting faculty	
Phone No	9820424424	
E-mail Id	mehul2306@gmail.com	
Subject Taught	Fitness and Nutrition	
Year Of Joining/ Associating with Nalanda	2013	
Year Of Experience with Nalanda	8 years	

ACADEMIC QUALIFICATIONS

S.NO.	Degree	Year Of Qualification	Name Of University
1.	Post Graduate Diploma in Applied Nutrition and Dietetics, Certified Master Trainer, Specialist in Fitness and Nutrition, Certified Sports Nutritionist	2014	Symbiosis International University, K11 School of Fitness Sciences, International Sports Sciences Association

WORK EXPERIENCE

S.No.	Details of Your Experience	Total Work Eperience
1.	Faculty at K11 School of Fitness Sciences Self Employed Fitness and Nutrition Consultant	10 years

PORTFOLIO

S.No.	INSTITUTION	PORTFOLIO HELD
1.	Nalanda Nritya Kala Mahavidyalaya	Heading the Fitness and Nutrition Board

RESEARCH WORK

S.No.	ACTIVITY	Total (IN NO.)
1.	Students Guided Under You	0
2.	Research Paper Presented in Seminar/Conferences	0
3.	Journal Articles	0
4.	Books Published	0
5.	Chapters Published in a Book	0
6.	Minor Research Project	0
7.	Major Research Project	0

DETAILS OF RESEARCH PUBLICATIONS

S.NO.	Research Publications
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1.	Nil
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PROFESSIONAL DEVELOPMENT	
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S.No.	Activity	Total (IN NO.)
1.	Conferences/ Workshops/ Seminars/ Symposia attended	10
2.	Conferences/ Workshops/ Seminars/ Symposia conducted	50
3.	National Conferences/ Workshops/ Seminar/ Symposia attended	10
4.	International Conferences/ Workshops/ Seminar/ Symposia attended	10
5.	Faculty Development Programme/ Training attended	0

DETAILS OF AWARDS AND ACCOLADES ACHIEVED	
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S.No.	Achievements
1.	Founder Svasti Fitness, Health and Nutrition Studio at Nalanda, it has created a sea of change in the perspective of dancer - students towards the necessity to train themselves outside the classroom to perform better in the classroom, the fitness nutrition sessions at Nalanda are one of a kind, unique and the guidance given to students help them get a wholesome perspective towards fitness lifestyle and the importance to incorporate it